**BA APPLIED PSYCHOLOGY**

**2019-20 Academic Year**

**Core Course Title: Abnormal Psychology**

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| **Course Category: PS 212 Schedule of Offering: 3rd Semester**  **Course Credit Structure: 4 Credits**   * **Lecture: 3 Hours per week** * **Lab: 2 Hours per week**   **Contact Hours per week: 5 Hours per week**  **Course Instructor: Sreevalsa Kumar, PhD, Associate Professor** |

1. **Introduction:**

To introduce the nature of abnormal behavior and mental health programs. This course will provide concept of abnormality and the symptoms and etiology of various psychological disorders and clinical psychology. The aim of the course is to help students to understand abnormal behavior and therapeutic interventions for the various psychological disorders. The course will prepare students to take up advanced courses in applied psychology.

1. **Course Objectives**

* To introduce students to the basic concepts of abnormality and the symptoms and etiology of various psychological disorders.
* To provide an understanding of various mental health problems and the role of clinical psychology

1. **Pre-requisites**

Registration as student in any UG program.

1. **Readings & Reference**

Bennett, P. (2017). *Abnormal and clinical psychology: an introductory textbook*. New Delhi: McGraw Hill.

Butcher, J.N., Hooley, J.M., & Mineka, S. (2019). *Abnormal psychology* (16th Ed.). Noida: Pearson.

Kring, A.M., Johnson, S.L., Davison, G.C. & Neale, J.M. (2010) Abnormal psychology (11th Ed.). New Delhi: Wiley.

Ray, W. (2015). Abnormal psychology: neuroscience perspectives on human behavior and experience. Noida: Sage.

1. **Module-wise topics**

**Module 1: Introducing psychopathology (8 sessions)**

**Topics:**

* Concept of abnormal behavior
* Issues in defining Normality and Abnormality
* Classification of abnormal behavior: DSM and ICD
* Clinical Assessment
* Diathesis Stress Model
* Biopshycosocial approach to disorders

**Readings**:

Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C. B. (2017). *Abnormal psychology* (16th Ed.). New Delhi: Pearson.

**Module 2: Anxiety Disorders (10 sessions)**

**Topics:**

* Generalized Anxiety Disorder: Causal factors and Clinical picture
* Obsessive Compulsive Disorder: Causal factors and Clinical Picture
* Phobia

**Readings**:

Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C. B. (2017). *Abnormal psychology* (16th Ed.). New Delhi: Pearson.

**Module 3: Developmental Disorders (13 sessions)**

**Topics:**

* + - * Introduction to Developmental Disorders: Clinical Picture and Dynamics
      * Mental Retardation
      * Autism
      * ADHD
      * Learning Disabilities

**Readings**:

Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C. B. (2017). *Abnormal psychology* (16th Ed.). New Delhi: Pearson.

**Module 4: Serious Mental Disorders (10 sessions)**

**Topics:**

* + - * Mood Disorders
      * Schizophrenia
      * Delusional Disorders

**Readings**:

Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C. B. (2017). *Abnormal psychology* (16th Ed.). New Delhi: Pearson.

**Module 5: Serious Mental Disorders (12 sessions)**

**Topics:**

* + - * Personality Disorder
      * Anti-Social Personality Disorders
      * Impulse control Disorder

**Readings**:

Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C. B. (2017). *Abnormal psychology* (16th Ed.). New Delhi: Pearson.

**Syllabus for Psychological Testing:**

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| --- | --- | --- | --- |
| **S.No.** | **Tests** | **Variable** | **Author** |
| 1. | Mental Health Inventory  (M.H.I) | Mental Health | Jagdish & Srivastava |
| 2. | General Well-being Scale  (GWBS) | Well-being | Kalia & Deswal |
| 3. | Academic Stress Scale | Academic stress | Jain & Dikshit |
| 4. | State-Trait Anxiety Test | Anxiety | Vohra |

1. **Pedagogy**

The teaching-learning of the course would be organized through lectures, experiential exercises, and presentations. Students would be encouraged to develop an understanding of real life issues and participate in the course and practices in the social context. Practicum is incorporated as an important component in most of the course. ICT and mass media and web based sources (like documentaries, videos, films, etc.) will be used to make the teaching-learning process interactive, interesting and fruitful.

1. **Evaluation Pattern**

The mode of evaluation would be through a combination of examination (Mid and End semester Exam) 70 marks and internal assessment is 30 marks. The internal assessment include individual and group presentations and practicum submissions as a part of the overall assessment of the students.

* End Semester Examination: 40%
* Mid Semester Examination: 30%
* Group/Individual Presentation: 15 %
* Practicum: 15 %

Note: **If you have any special need(s) or condition which can influence the learning and teaching process, the instructor would be happy to have a word with you in person with total confidentiality.**

**WISH YOU ALL A WONDERFUL LEARNING EXPERIENCE!**