



# Course Name: Concepts of Manas in Darshana and Classics of Ayurveda

## Program in which it is offered:

Course Category: Core	Schedule of Offering: Even
Course Credit Structure: 4	Course Code: VY8111
Total Number of Hours: 60	Contact hours per week: 1
Lecture: NA	Tutorial: 1
Practical:	Medium of Instruction: English
Date of Revision:	Category of the course:

## Course Description

This course is being designed as a core course at CVV for the Ph. D. Student Narayan Baban Shete to get introduced with the Basic but crucial ideas regarding Mind in the Indian Darshanas and Classics of Ayurveda. Since the main topic of research is pertaining to the location of Mind, it is necessary to know about the various opinions given by different Acharyas of Darshanas and Ayurveda.

## Course Introduction

This course contains two parts, 1<sup>st</sup> Major Indian philosophical texts such as Major Upanishads and their commentaries by Sri Shankaracharya, Yogasutra of Patanjali, Sankhyasutra of Kapila Maharshi & Laghu Yogavasishtha and 2<sup>nd</sup> major texts of Ayurveda: Charaka Samhita, Sushruta Samhita & Kashyapa Samhita). In this course student will find out and go through the various concepts of mind described by all above Acharyas and the comparative study of them.

## Course Objective

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## Course Outcome

By the end of the course, the student will

- have a detail idea of major texts of Ayurveda & major Indian philosophical texts

mentioned above pertaining to the Mind.

- a general understanding of Indian philosophy (Upanishads & Their Shankarabhashya) and the role of its viewpoints in the Ayurveda.
- possess basic knowledge of some various concepts and theories regarding the research topic peculiar to the Ayurveda and Indian Philosophy.

## Prerequisites

Reading and understanding knowledge of Sanskrit and English

## Teaching Pedagogy

The teaching methodology will be primarily Self-study with the guidance of guide & Co-guide.

## Module Sessions

### Module-I: The concepts of Mind in Darshanas

(Nr. of Hours: 30)

In this module student will have to go through the various philosophical texts to find out the concepts of Mind & gather all the information described there. Thereafter he will have to present the compilation of concepts to the RAC.

#### Reading:

1. नागेशभट्टकृता साङ्ख्यसूत्रवृत्तिः (भाष्यसारः वा) (महर्षिकपिलकृतं साङ्ख्यदर्शनम्, प्रधानसम्पादकः – सातकडिमुखोपाध्यायः, प्रकाशकः – भारत मनीषा, वाराणसी (इंडिया), संस्करण – प्रथमः संस्करणम् वि० सं० २०२९
2. साङ्ख्यतत्त्वकौमुदी, पसम्पादकः – पं० ज्वालाप्रसाद गौड, प्रकाशकः – चौखम्बा सुरभारती प्रकाशन वाराणसी २२१००१, संस्करण – २०१७
3. श्रीमदीश्वरकृष्णप्रणीता गौडपादभाष्यसमन्विता साङ्ख्यकारिका, सम्पादकः – गुरुप्रसाद शास्त्री, प्रकाशकः – चौखम्बा सुरभारती प्रकाशन, वाराणसी २२१००१, संस्करण – २०१७
4. महर्षिकपिलकृतं साङ्ख्यदर्शनम्, प्रधानसम्पादकः – सातकडिमुखोपाध्यायः, प्रकाशकः – भारत मनीषा, वाराणसी (इंडिया), संस्करण – प्रथमः संस्करणम् वि० सं० २०२९
5. पातञ्जलयोगदर्शनम् श्रीमद्यतिरामानन्दसरस्वतीकृतमणिप्रभावृत्युपेतम् प्रकाशनम् – संस्कृतपुस्तकालय, सम्पादकः – श्रीमद् रोहिणीकान्तसिद्धान्तवागीशभट्टाचार्य, प्रकाशकः – श्रीअखिलबन्धुभट्टाचार्य, संस्करणम् – १९२२
6. Complete works of Sri Sankaracharya in the original Sanskrit, Published by V. Sadanand, Samata Books 10 Kamaraj Bhavan, Madras-600 006 India, Vol. 10, Revised Edition-1983
7. The Yogasutram by Maharshi Patanjali with six commentaries, Editor – Pandit Dhundhiraj Shastri, Published by – Jai Krishnadas-Haridas Gupta, The Chowkhamba Sanskrit Series Office, Vidya Vilas Press Benares City, 1987
8. लघुयोगवासिष्ठः वासिष्ठचन्द्रिकव्याख्यसहितः पणशीकरोपाह्वविद्वद्रत्नलक्ष्मणशर्मतनुजनुषा वासुदेवशर्मणा संशोधितः, प्रकाशनम्- मोतीलाल बनारसीदास, संस्करणम्- पुनर्मुद्रितम् १९८५

## **Module-II: The Concepts of Mind in Ayurveda Classics (Nr. of Hours: 20)**

In this module student will have to go through the Major texts of Ayurveda and find out the various opinions of different Acharyas of Ayurveda regarding the Mind. Thereafter he will have to present the compilation of concepts to the RAC.

Reading:

1. सुश्रुतसंहिता, अनुवादकः – अत्रिदेव, प्रकाशनम्- मोतीलाल बनारसीदास दिल्ली-११००७, संस्करणम्- पञ्चमं संस्करणम्-१९७५, सप्तमं पुनर्मुद्रणम्-२०१५
2. सुश्रुतसंहिता भाग-२, श्रीहाराणचन्द्र-चक्रवर्ति-कविराजविरचित-सुश्रुतसन्दीपनभाष्यसमेतम्, Edited by: श्रीचन्द्रकान्त-भट्टाचार्य, Publication: राष्ट्रियसंस्कृतसंस्थानम्, नवदेहली, Edition: 2008
3. Carakasamhitā by Agniveśa, publication – Chowkhamba Krishnadas Academy Varanasi-221001, India, Edited by Vaidya Jadavji Trikamji Acharya, Edition- Reprinted-2010
4. Caraka Samhitā, English translation of Text with Āyurveda Dīpikā commentary of Cakrapāṇi Datta, Vol. I (Sūtrasthana), Author: Dr. P. V. Tewari, Publication: Chaukhamba Vishvabharati, Edition: First Edition-2016
5. KĀŚYAPA SAMHITĀ OR VRDDHAJĪVAKĪYA TANTRA with Sanskrit Introduction by Nepāl Rājaguru Pandit Hemarāja Śarmā with the Vidyotinī Hindī Commentary and Hindi Translation of Sanskrit Introduction By Āyurvedālāṅkāṛ Śrīsatyapāla Bhiṣagāchārya, Publication: Chaukhambha Sanskrit Sansthan Varanasi, Edition: Reprinted-2010 (Vi. Sa. 2067)

## **Module-III: Concepts of Mind in Bhela Samhita (Nr. of Hours: 5)**

In this module Student will have to go through the Bhela Samhita to find out the concept of Mind.

Reading:

1. Bhela-samhitā of Maharṣi Bhela edited with Hindi Commentary Notes and Appandices, Editor & Hindi-Commentator: -Sri Abhay Katyayan, Publication – Chaukhamba Surabharati Prakashan Varanasi-221001, Edition – First, 2009

## **Module-IV: Comparison of both the parts of course (Nr. of Hours: 5)**

In this module student will have to study various concepts of both parts of course comparatively and find out similarities and dissimilarities in them.

Reading:

The Compilation of Concepts of Mind from the Darshanas and Classics of Ayurveda.

## **Evaluation Pattern**

**30% - Weekly progress report**

**&**

**Presentation in front of RAC members regarding the course**

**70 % - Final examination**