**Course Title:** **Personality Theories**

**Programme in which it is offered: M.Sc.  in Applied Psychology**

**Course Category: Core                 Schedule of Offering: Semester 1**

**Course Credit Structure : 4                                           Course Code : PSY6113**

**Total Number of Hours: 60                                           Contact hours per week: 4**

**Lecture: 3                              Tutorial: 1                        Practical: 0**

**Last Revision Year: 2022**

**Course Introduction**

This course considers the major theoretical, application, research, and assessment issues in the study of personality. Emphasis will be placed on the theoretical aspects of personality and the different ways in which these theories are validated. The course will also explore some of the more commonly used personality assessment measures, cultural influences on personality theory, as well as at least one non-Western theory of personality

**Course Objectives**

* Explain and distinguish among the major theoretical approaches to understanding personality.
* Demonstrate knowledge and understanding of theory and research in personality and social processes.
* Demonstrate interpersonal awareness and sensitivity to differences and similarities in the way people are treated due to gender, race, ethnicity, culture, class, and sexual orientation.

**Course Outcome**

* Demonstrate and appreciate the value of a scientific psychological understanding of personality to society.
* Locate relevant research, theory, and information about personality psychology necessary to plan, conduct, and interpret results of research studies.
* Recognize the interaction of situational and individual characteristics on the development of personality.

**PO-CO Mapping**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| CO/PO Mapping | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 |
| CO1 | ✓ | ✓ | ✓ |  |  |  | ✓ |  |  |
| CO2 | ✓ | ✓ |  | ✓ |  | ✓ |  |  |  |
| CO3 | ✓ | ✓ |  | ✓ |  |  |  | ✓ | ✓ |

**Prerequisites and other constraints**

Admission to the MSc Programme in psychology stream

**Teaching** **Pedagogy**

The coursework will be activity-based involving assignments, lectures, demonstrations, practise exercises, case presentations, debates, discussions, webinars with experts in educational psychology, documentary reviews and field visits to educational settings and clinics. Didactic lectures facilitated through informative slide presentations will help to understand the basic concepts. Movies/documentaries/case studies/institutional visits/webinars will be used to enhance the learning process. Practice exercises in methods of educational psychology research and psychoeducational assessments will help enhance the evaluative skills. Discussions and debates will be organised on core themes to strengthen critical thinking skills.

**Modules**

**Module-1: Introduction to Personality Psychology (15Hrs)**

* Definition, Concept of Personality and Personality Theories.
* Assessment of Personality Psychoanalytic Theories.
* Sigmund Freud – Classical Psychoanalytic Theory.
* Carl Jung – Analytic Theory.
* Alfred Adler – Individual Psychology.
* Theories of Karen Horney, Erich Fromm, Harry Sullivan and Erik Erikson.

**Module-2: Behaviouristic Theories (15Hrs)**

* Theories of James Watson Dollard and Miller (Stimulus response theory)
* Theories of B F Skinner, Albert Bandura, J B Rotter and Walter Mischel.

**Module3: Humanistic and Phenomenological Theories (10Hrs)**

* Roger’s Person-Centered Theory.
* Rollo May’s Existential Theory.
* Kelly’s Theory of Personal Constructs.
* Maslow’s and Herzberg’s Motivational Theories.

**Module4: Dispositional and Biological (10Hrs)**

* Theories of Gordon Allport.
* Henry Murray, Raymond Cattell and Hans Eysenck, The Big Five Theory of Personality

**Module-5 Indian View of Personality (10Hrs)**

* Basic concepts explained in the ancient Indian texts. Jiva-four stages and five sheaths; Svabhava, Prakriti, Atman and Purusha Yoga-pathway to self-realization.
* Guna theory of personality Aurvedic view of personality – Doshas

**Suggested Activities**

* Case study discussion.
* Video reviews and role play.
* Interactive lectures.
* Individual assignment: case study, reflections, and essay writing.
* Collaborative learning: group discussion,

**Reference**

* Hall and Lindzay, *Theories of personality*. Wiley Eastern
* Friedman H. S. and Schustack, M. W.(2004) *Personality*,2nd edition. Pearson education. India.
* Mayer, J D (2007). *Personality: a systems approach.* Boston. M A:
* Allyn and Bacon. Schultz D P and Schultz S E (2009) *Theories of personality.* 9th edition.
* Belmont.C A Wadsworth/ Congage learning. Pervin L.A. *Personality: Theory and Research.* Wiley Eastern.
* Biscoff, L J. (1970) *Interpreting personality theories.* New York. Harper and Roe.
* Paranjpe,A.C.(1998) *Self and Identity in modern psychology and Indian thought.*
* Paranjpe A.C. (1998). S*tyle over substance: The loss of personhood in theories of personality.*
* Research team VYASA(2002). Research contributions of VYASYA. Vivekananda Yoga Research Foundation. Bangalore. Swami Vivekananda Yoga Prakashana.
* Dr. R.N. Sharma-Indian Philosophy (problems and theories)

**Evaluation Pattern**

The course follows a continuous evaluation system with 50% weightage on internal components and 50 % on the end term examination. The internal component consists of a series of assignments which will be spread throughout the course.

**Evaluation Matrix**

|  |  |
| --- | --- |
| Term Paper/Practicums | 10% |
| Individual assignments | 10% |
| Group assignments | 10% |
| Mid-term Examination | 20% |
| End Term Exam | 50% |
| Total | 100% |

The assignments involved in the CIA will be subject to plagiarism checks. A submission with unexplained similarities exceeding 20% for MSc courses will be reverted for resubmission. The final submission is subject to score penalization as defined by the course instructor at the start of the course, with a clear communication of the same to all the registered candidates.