

Course Name: Chinmaya Vision Programme (CVP)

Programme(s) in which it is offered: B.A.B.Ed. English and B.Sc.B.Ed. Mathematics

Course Category: Proficiency	Schedule of Offering: Even
Course Credit Structure: 2	Course Code: EDN3251
Total Number of Hours: 45	Contact Hours Per Week: 3 hours
Lecture: 2 credits, 30 hours	Tutorial: NA
Practical: 0 credit, 15 hours	Medium of Instruction: English
Date of Revision: NA	Skill Focus: Employability, Life Skills
Short Name of the Course: CVP	Course Stream (Only for Minor Courses):
Grading Method: Pass/Fail, Regular	Repeatable: Credit/Audit/Non-Repeatable
Course Level: Beginner	

Course Description

This course is offered as a Proficiency Course for B.A.B.Ed. English Literature and B.Sc.B.Ed. Mathematics students. It is focused on the conceptual and working knowledge of a holistic and organic education propounded by Swami Chinmayananda to transform learners into individuals of outstanding and lasting character and achievement. Students of this course will experience the four aspects of Chinmaya Vision Programme (CVP) and will gain exposure to creating and evaluating teaching and learning modules related to each of the aspects.

Course Introduction

The idea of education in India that developed in humble gurukula-s of the ancient seers and sages, coming down to us over thousands of years, keeps the search for Truth and Knowledge at its centre. It also lays an equal emphasis on the individual, the learner, in terms of his vision for life and training of body and mind. However, this aspect of education mostly remains unaddressed in the present system of education. Chinmaya Vision Programme (CVP) attempts to bridge this gap.

The course focuses on four aspects of CVP viz. integrated development, Indian culture, patriotism, and universal outlook. Integrated development includes physical, mental, intellectual, and spiritual development, and Indian culture focuses on cultural exposure, cultural heritage awareness and appreciation, cultural traditions explained and cultural

motivation. Patriotism dwells on citizenship education, fostering pride in one's country, and unity in diversity. The fourth aspect of universal outlook emphasises on being citizens of the world, finding harmony in creation, and relationship with God as a universal force.

The course aims to transform students to enlightened and empowered educators who can facilitate holistic development of learners.

Course Objective

The objectives of the course are as follows.

1. Learners understand and appreciate the Chinmaya Vision Programme (CVP) as a unique pedagogy and a holistic individual development programme.
2. Learners can curate and implement CVP based discipline, theme specific modules for teaching and learning, universally across the levels of K-12 education.

Course Outcome

By the end of the course students will be able to:

1. **Define** the four facets of CVP and their respective components (multi-structural)
2. **Analyse** the four facets of CVP and their respective components (Relational)
3. **Curate** CVP based discipline and theme specific modules for teaching and learning, for a chosen grade (standard/level) in K-12 education (Extended Abstract)
4. **Evaluate** the effectiveness of the module and standardise it for implementation (Extended Abstract)

PO-CO Mapping

PO-CO Mapping Matrix

CO/PO Mapping	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9
C01									
C02									
C03									
C04									

Prerequisites and other constraints

There are no prerequisites for taking the course.

Pedagogy

This course employs classroom lectures, hands-on activity, quizzing, case discussions, and presentations. A quiz will be conducted at the beginning or end of each module. All the students will submit an assignment individually. Students will also create CVP integrated teaching modules which will be presented in the class.

Suggested Reading:

1. Chinmaya Vision Programme Manual (CCMT Education Cell)
2. Manifesting Divinity Chinmaya Vision of Education (Chinmaya Publications, The Mananam Series)
3. The Art of Man Making - Part I (Swami Chinmayananda)
4. The Art of Man Making - Part II (Swami Chinmayananda)
5. Samaahriti – Compendium of a Decade of Chinmaya Drishti (Volumes 1 & 2)

Evaluation Pattern

Evaluation Matrix

Continuous Internal Assessment (CIA) Components*	Component Type	Weightage Percentage	Total Marks	Tentative Dates	Course Outcome Mapping
Continuous Internal Assessment (CIA) Components*	Quiz	20% of CIA Marks	10	Weekly	
	Assignment	40% of CIA Marks	20	7 th week	
	Creation of CVP integrated teaching modules	40% of CIA Marks	20	13 th and 14 th weeks	
	CIA Marks	50%	50		
ESE	Individual presentation of the self-created teaching modules + *Viva voce	50% of ESE Marks	50	Last week of the course	
	Total	100%	100	---	

* The viva-voce panel may consist of an external expert on CVP, the HoS/ senior faculty member of the school of EGCS (Department of Education) and the faculty concerned.

Note:

1. Course Outcome mapping of this matrix should match with the PO-CO Matrix.
2. The component type is based on the course and the instructor.
3. The Weightage Percentage for the internal components should be calculated based on the total CIA marks.

Module-wise Sessions

Module I: Educational Heritage of India (3 Hours)

Holistic learning in ancient India, Universities in ancient India, Graduation and specialisation in ancient India, Education for women

Reading: Selected portions from 'The Educational Heritage of Ancient India: How an Ecosystem of Learning Was Laid to Waste' by Smt. Sahana Singh

Activities: Group discussion based on the reading

Module II: Integrated Development (18 Hours)

1. Introduction to Chinmaya Vision Programme (CVP)
2. Physical development – physical fitness, nutrition, hygiene, physical grooming, health education, health assessment
3. Mental development – emotional expansion, handling emotions, handling relationships, mental health assessment
4. Intellectual development – intellectual kindling, management, aesthetics, independent thinking, intellectual assessment
5. Spiritual development – spiritual development, spiritual self-analysis, spiritual techniques
6. Value Education – what and why of value education, value education as different from moral education, Chinmaya Mission pledge as a tool for CVP

Reading:

1. Chinmaya Vision Programme Manual (CCMT Education Cell)
2. Manifesting Divinity Chinmaya Vision of Education (Chinmaya Publications, The Mananam Series)

Activities: Group discussions and hands-on-activities as appropriate

Module III: Indian Culture **(3 Hours)**

Cultural exposure, cultural heritage awareness and appreciation, cultural traditions explained, cultural motivation.

Reading:

1. Chinmaya Vision Programme Manual (CCMT Education Cell)
2. Manifesting Divinity Chinmaya Vision of Education (Chinmaya Publications, The Mananam Series)
3. In Indian Culture Why Do We... By Swamini Vimalananda and Smt. Radhika Krishnakumar
4. Hindu Culture: An Introduction by Swami Tejomayananda

Activities: Group discussion on selected topics

Module IV: Patriotism **(3 Hours)**

Education in citizenship, fostering pride in one's country, university in diversity.

Reading:

1. Chinmaya Vision Programme Manual (CCMT Education Cell)
2. Manifesting Divinity Chinmaya Vision of Education (Chinmaya Publications, The Mananam Series)
3. Youth Today Talk by Swami Chinmayananda
4. As I Think by Swami Chinmayananda

Activities: Group discussion based on Youth Today, a talk delivered by Swami Chinmayananda

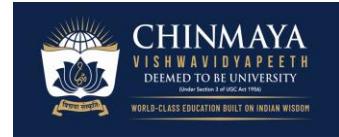
Module V: Universal Outlook **(3 Hours)**

Citizen of the world, harmony in creation, relationship with God as a universal force

Reading:

1. Chinmaya Vision Programme Manual (CCMT Education Cell)
2. Manifesting Divinity Chinmaya Vision of Education (Chinmaya Publications, The Mananam Series)
3. As I Think by Swami Chinmayananda

Version No:
Approval Date:



Activities: Group discussion based on 'As I Think' by Swami Chinmayananda

CVP Workshop **(15 Hours)**

1. Art integration, 21st century skills, advanced CVP programme

Reading: NA

Activities: Creation of CVP integrated teaching modules as well their presentation